

## Communicable Disease Reference Chart

DISEASE	MODE OF SPREAD	INCUBATION PERIOD	EXCLUSION FROM SCHOOL
Chicken Pox	From infected person By touch or airborne	10-21 days (average 14-16)	May return on the 6 <sup>th</sup> day after onset of rash if all lesions are dry and crusted.
Herpes (Cold Sores)	Direct contact with oral secretions or lesions.	2-12 days-in recurrent lesions, virus is present in the highest concentrations in the first 24 hours after appearance of vesicles. Amount of virus decreases Rapidly in next 24 hours and Usually cannot be recovered in 5 days.	No
Conjunctivitis (Pink Eye)	Discharges from eye	24-72 hours	During active infection (bacterial conjunctivitis may return to school after 24 hours of treatment with a doctors' s clearance).
Diarrhea	Fecal – oral	Variable	Until diarrhea is resolved or negative culture and M.D. clearance to return to school. When loose stools have subsided for at least 24 hours.
Fifths Disease (Parvovirus)	Respiratory secretions and blood	4-20 days (Average 4-14 days)	Greatest communicability is before onset of rash. Probably not communicable after onset of rash. Rash and joint symptoms may occur 2-3 weeks after acquisition.

Continued

DISEASE	MODE OF SPREAD	INCUBATION PERIOD	EXCLUSION FROM SCHOOL
Hand, Foot, and Mouth	Fecal-oral and respiratory secretions	3-6 days	During acute illness
Head Lice	Direct contact with person and/or belongings	6-10 days	May return after treatment with medicated shampoo <b>AND</b> nits removed
Impetigo (staph or strep)	Contact with lesion.	7-10 days for group A strep	Until lesions are healed or covered.
Influenza	Contact with respiratory secretions, airborne.	1-3 days	Until recovered
Ringworm	Direct contact with lesions.	Unknown	Until treatment is begun, lesions need to be covered.
Strep Infections (Strep Throat/Scarlet Fever)	Close face-to-face contact	2-5 days	Until 24 hours after starting antibiotics
Fever	Fever of 100 or above		Until the temperature has returned to normal for at least 24 hours
Vomiting/Flu	oral/airborne		Until the vomiting has subsided for at least 24 hours